

Bledsoe ST & ST² Boot

Application Instructions CP020134 Rev. D 5/00



Council Directive 93/42/EEC
of 14 June 1993 concerning
Medical devices

LOW COST, LIGHTWEIGHT WALKER FOR SHORT TERM APPLICATIONS

From the family whose name means braces



ST² shown with heel strap



This device is offered for sale by or on the order of a physician or other qualified medical professional. This device is not intended for reuse on a second patient or for extended use beyond 180 days. This device is generally not intended for patients in excess of 250 lbs. (114 kilos). This device is not intended to prevent injuries or reduce or eliminate the risk of reinjury.

Indications: Indicated for tarsal, metatarsal, forefoot, and calcaneus fractures, forefoot sprains, and grades 1, 2, & 3 ankle sprains. Also indicated for fractures of the distal tibia or fibula.

Contraindications: Contraindicated for unstable fractures and proximal tibial or fibular fractures.

WARNING: Do not leave this device in the trunk of a car on a hot day or in any other place where the temperature may exceed 150° F (65° C) for any extended period of time. **If any additional pain or symptoms occur while using this device, seek medical attention.**

Warranty: This device is warranted to be free from defects in material and workmanship for a period of 90 days. These warranties apply to devices that have not been modified or subjected to misuse, abuse or neglect.

Manufactured by:

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For product information or questions pertaining to sales or service, please contact the national distributor in your area or the manufacturer.

Bledsoe ST & ST² Application Instructions



1a. Slip foot into bootie with toes under toe piece. Close forefoot cover over foot. Trim excess leaving 2" (5cm) to 3" (7.6cm) overlap. Close hook to pile closure at front.



1b. Wrap calf section around leg, and trim excess leaving 2" (5cm) to 3" (7.6cm) overlap. Close hook to pile closure at front. Remove forefront strap from D-Ring.



2a. Slip foot into boot with plastic covers over arms to prevent engagement of hook to pile closure. Position boot arms in line with leg and remove plastic covers from arms to engage the hook to pile closures on arms with wrap.



(Step 2b is only for the ST²)
Step 2b. Tighten heel strap to fit by engaging hook to pile being careful to align outer anklebone (lateral malleolus) with the outer arm.
Note: The heel strap pad is secured by engaging hook to pile and may be adjusted for maximum comfort.



3a. Place forefoot strap through D-Ring. Place double-sided hook piece in desired position and tighten the strap.



3b. After engaging the strap to the double-sided hook piece, trim off excess strap.



4a. Starting at the ankle, wrap strap ends snugly forward around sides of leg to interlock strap with arms.



4b. Fasten strap through D-Ring at front of leg and tighten the strap. Repeat this step for remaining two straps.